

NATURAL & CULTURAL HISTORY OF CENTRAL AMERICA

12/29/2020 | 8 Days - 7 Nights | from Colón to Puerto Caldera | LE CHAMPLAIN



STOPOVER ITINERARY

- 1 Colón (Panama)
Embarkation 12/29/2020 from 16h00 to 17h00
Departure 12/29/2020 at 23h00
- 2 San Blas Islands (Panama)
12/30/2020
- 3 Crossing the Panama Canal (Panama)
12/31/2020
- 4 Playa Muerto, Darien National Park (Panama)
01/01/2021
- 5 At sea
01/02/2021
- 6 Manuel Antonio National Park (Costa Rica)
01/03/2021
- 7 Curú Wildlife Refuge (Costa Rica)
01/04/2021
- 8 Puerto Caldera (Costa Rica)
Disembarkation 01/05/2021 at 07h00

YOUR CRUISE

PONANT takes you to discover **Costa Rica** and **Panama** with an 8-day expedition cruise. A truly beautiful journey between **nature reserves**, encounters with local communities and sailing through the **Panama Canal**.

Your journey in Central America will start with the discovery of the golden sand and crystal-clear waters of the coral islets of the **San Blas islands**.

After sailing through the world-famous Panama Canal, which connects the Atlantic to the Pacific, your ship will then head for the magnificent **Darien National Park** in Panama. This little corner of paradise is a UNESCO World Heritage site and home to remarkable plants and wildlife. Sandy beaches, rocky coastlines, mangroves, swamps and tropical rainforests vie with each other for beauty and offer a feast for photographers. This will also be the occasion for meeting the astonishing semi-nomadic Emberas community.

Then you will be able to enjoy a visit to the **Manuel Antonio National Park** and the **Curú Wildlife Refuge**. Deep inside the tropical rainforest you may be lucky enough to see multicoloured birds, monkeys, and iguanas.

The encounters with the wildlife described above illustrate possible experiences only and cannot be guaranteed.